# GOVERNMENT OF ANDHRA PRADESH DEPARTMENT OF TECHNICAL EDUCATION

# OFFICE OF THE COMMISSIONER OF TECHNICAL EDUCATION ANDHRA PRADESH :: MANGALAGIRI

# Circular Memo No: E/National Tele MANAS Programme/2023 Date: 08.06.2023

- Sub: Technical Education National Tele MANAS Programme -Awareness on Tele MANAS Cell and display of Toll Free Number (14416) - Certain instructions -Issued - Regarding.
- Ref: 1. Memo No: 2075500/OP/2023-1, Dated: 29.05.2023 of The Additional Secretary to Government, Skills Development and Training Department, Government of Andhra Pradesh.
  - DO Lr.No: 036/NMHP/National Tele MANAS/2023, Dated: 02.05.2023 of The Principal Secretary to Government, Health, Medical & Family Welfare, Amaravathi.

This is to inform that, vide ref. 1<sup>st</sup> and 2<sup>nd</sup> cited, Government has stated that the students are facing stress related issues like depression, examination fear and anxiety, and some are committing suicides also. To prevent these issues, the Tele MANAS centre in Siddhartha Medical College, Vijayawada provides services by trained counsellors 24X7. The students in need can call the Toll Free Number: 14416 and 1-800-891-4416 any time and can get help in clearing their doubts, apprehensions etc., and can get proper counselling.

In this context, the Principals of all Professional Institutions under the control of Department of Technical Education in the stateare hereby instructed to make necessary arrangements for the wide publicity of the **Toll Free Number of Tele MANAS: 14416 and 1-800-891-4416** among all the students of their institutions.

Encls: As above

Sd/- V.PADMA RAO For DIRECTOR

The Principals of all Professional Institutions under the control of Department of Technical Education in the state.

#### Copy to

To

- 1. The Principal Secretary, Higher Education Department, AP Secretariat, Velagapudi, Amaravathi for kind information.
- 2. The Secretary, Skill Development & Training Department, AP Secretariat, Velagapudi, Amaravathi for kind information.
- 3. The Registrars of all Universities.
- 4. The Secretary, SBTET, AP, Mangalagiri.
- 5. The Regional Joint Directors, Technical Education of AU region and SVU region.

For DIRECTOR 00/06/23



# GOVERNMENT OF ANDHRA PRADESH

SKILLS DEVELOPMENT AND TRAINING DEPARTMENT

## Memo No.2075500/OP/2023-1

#### Dated.29-05-2023

- Sub: SD&T Deptt.,- CHFW National Tele MANAS Programme Create awareness on Tele MANAS Cell & display of Toll Free Number (14416) – Reg.
- Ref: From the Prl. Secy., to Govt., HM&FW Deptt., D.O. Lr.No.036/NMHP/National Tele MANAS/2023, dt.02.05.2023. -000-

A copy of the reference cited is herewith sent to all the Heads of Departments under the control of Skills Development and Training Department and they are requested to take necessary action to wide publicity for the following Toll-Free Number of Tele MANAS in their all Educational / Training Institutions immediately.

#### (Toll-Free Number: 14416 and 1-800-891-4416)

#### DURGA PRASAD SAHU ADDITIONAL SECRETARY TO GOVERNMENT

DOLI WAOIS TO:

The Director of Technical Education, A.P., Mangalagiri. (w.e) The Director of Employment and Training, A.P., Vijayawada. (w.e) The M.D & CEO., Andhra Pradesh State Skill Development Corporation, Tadepalli. (w.e) The CEO, Society for Employment and Enterprise Development in Andhra Pradesh, Vijayawada. (w.e) SF/SC

//FORWARDED :: BY ORDER//

SECTION OFFICER

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M.T. KRISHNA BABU, I.A.S., Principal Secretary to Government

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**Health Medical & Family Welfare** Room No:157, Ground Floor, Building No.5, A.P. Secretariat, Velagapudi, AMARAVATI - 522 238. Off: 0863 - 244 5030, Mobile: 7013040498 Email : prisecy hmfw@ap.gov.in

DO.Lr.No. 036/NMHP/National Tele MANAS/2023, Dt.02.05.2023 Kumar

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Sub: CHFW- National Tele MANAS Programme-Create awareness on Tele MANAS Cell & Display of Toll Free Number (14416) - Regarding

I would like to inform that, Government of Andhra Pradesh has established etariat, Vela State Tele MANAS cell at Siddhartha Medical College, Vijayawada to provide free tele-mental health services in the State round the clock.

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Further it is noticed that some students are facing stress related issues like depression, examination fear and anxiety and unfortunately some are committing suicides also. To address this issue and to prevent suicidal tendencies, depression and anxiety issues, the Tele MANAS centre in Siddhartha Medical College, Vijayawada provides services by trained counsellors 24X7. The students in-need can call the following Toll-Free Number (14416) any time and can get help in clearing their doubts, apprehensions etc., and can get proper counselling.

Hence it is requested to arrange wide publicity for the following Toll-Free Number of Tele MANAS in all Educational Institutions.

Toll-Free Number: 14416 and 1-800-891-4416

Yours faithfully. (M T KRISHNA BABU)

To. Sri S. Suresh Kumar, IAS Principal Secretary to Government (FAC) Skill Development & Training Dept, Government of Andhra Pradesh

ఒత్తిడి మరియు ఆందోళన చెందుతున్నారా ?

ఈ క్రింది టోల్ ప్రీ సెంబర్ ని సంప్రదించండి.

Toll Free Number: 14416 and 1-800-891-4416